

Meet VII
Girls Track Team
9 May - 91

D 3200 Meter Relay		8. Danielle Brunn	ST 13.56
1. Anoka	10:05.25	9. Kaven Monson	ST 13.91
2. Coon Rapids	10:06.79	10. Kristi Degendorfer	FL 14.50
3. Forest Lake	10:22.72		
4. Stillwater	10:28.02	⊕ (4 x 200) 800 Meter Relay	
5. Blaine	10:43.11	1. Coon Rapids	1:49.75
		2. Stillwater	1:48.88
② 100 Meter High Hurdles		3. Anoka	1:52.69
1. Heather Kasun	ST 16.13	4. Blaine	1:54.54
2. Kerry Lambert	BL 16.41	5. Forest Lake	1:54.83
3. Sarah Van Wald	CR 16.60		
4. Jenny Lindgren	CR 16.94	⑤ 1600 Meter Run	
5. Lori Meisterling	ST 17.15	1. Jennifer Watson	AN 5:27.24
6. Kari Johnson	AN 17.68	2. Carry Olson	CR 5:29.45
7. Sandi Bennocke	AN 17.77	3. Tammy Glaim	FL 5:37.73
8. Bridget Madden	FL 18.15	4. Jill Kohler	ST 5:37.79
9. Kelley Stromberg	FL 18.74	5. Tammy Solem	ST 5:42.23
10. Karen Walsh	BL 20.45	6. Brenda Greeley	CR 5:46.94
		7. Tracy Schelinder	FL 5:49.41
③ 100 Meter Dash		8. Jenny Loberg	BL 6:06.16
1. Nikki Strainski	CR 12.64	9. Brenda Bushie	BL 6:26.21
2. Anita Paulino	FL 12.87	10. Jennifer Dambanton	AN 6:47.81
3. Amy Larson	CR 12.91		
4. Angie Lange	BL 13.23		
5. Sarah Hollmann	AN 13.31		
6. Jodie Hilliard	BL 13.32		
7. Amy Hemming	AN 13.46		

⑥ 400 Meter Relay		8. Bridget Madden	FL 52.99
1. Blaine	51.93	9. Jenny Hersch	AN 54.69
2. Anoka	52.09	10. Bonnie McDonald	BL 54.83
3. Coon Rapids	52.77		
4. Stillwater	52.90	⑨ 800 Meter Run	
5. Forest Lake	54.11	1. Jennifer Watson	AN 2:20.94
		2. Rachel Gerber	AN 2:27.02
		3. Carrie Olson	CR 2:27.32
⑦ 400 Meter Dash		4. Chelon Danielson	ST 2:29.23
1. Anita Paulino	FL 1:00.98	5. Shelly Morbrson	CR 2:33.03
2. Sara Joesting	FL 1:02.98	6. Renee Lutz	FL 2:34.0
3. Shanyn Bain	AN 1:03.37	7. Trosa Aiple	FL 2:37.7
4. Nicky Johnson	ST 1:03.99	8. Karla Hult	ST 2:45.3
5. Anna Stahl	ST 1:04.74	9. Lisa Schalwig	BL 2:45.52
6. Teresa O'Hearn	AN 1:05.48	10. Lara Crain	RL 2:55.25
7. Racheal Wymore	CR 1:05.95		
8. Marsha White	BL 1:07.49		
9. Laura Dronen	CR 1:09.34	⑩ 200 Meter Dash	
10. Sarah White	BL 1:09.95	1. Anita Paulino	FL 26.77
		2. Nikki Strojinski	CR 27.46
		3. Amy Larson	CR 27.54
⑧ 300 Meter Low Hurdles		4. Tricha Pendzimas	AN 27.73
1. Holly Hargroder	ST 45.45	5. Danielle Brun	ST 27.96
2. Lori Meisterling	ST 48.35	6. Kim McMichael	BL 28.03
3. Jenny Lindgren	CR 49.70	7. Sandi Bennecke	AN 28.48
4. Sarah Von Wald	CR 50.34	8. Kendra Waldemar	BL 28.69
5. Kerry Lambert	BL 50.99	9. Kelly Hudson	ST 29.04
6. Kari Johnson	AN 51.56	10. Nancy Doebbeling	FL 29.56
7. Chaleese Paul	FL 52.70		

① 3200 Meter Run		8. Weaver	S	28'47"
1. Kristin Gfroerer	AN 12:08.83	9. Summer	CR	27'8½"
2. Brenda Greeley	CR 12:20.88	10. Parks	CR	25'6"
3. Christina Keefe	CR 12:48.38			
4. Renee Kinney	ST 12:57.40 (14)	D	iscus	
5. Tracy Schelinder	FL 12:58.0	1. West	BL	112'9"
6. Kris Bjork	FL 13:05.0	2. Peterson	BL	102'11"
7. Ginger Moore	BL 13:13.0	3. Hendrickson	FL	98'9"
8. Naomi Parker	AN 13:26.59	4. Lindgren	CR	98'0"
9. Denise Cardinal	ST 13:48.59	5. Sieloff	AN	97'11"
10. Brenda Bushie	BL 14:02.66	6. Wieser	AN	97'2"
		7. Zaudtke	FL	92'9"
② (4 x 200) 1600 Meter Relay		8. Hakstra	CR	85'1"
1. Anoka	4:08.49	9. Weaver	ST	68'9"
2. Stillwater	4:08.20	10. Brown	ST	66'0"
3. Blaine	4:24.17			
4. Forest Lake	4:26.48	⑬ Long Jump		
5. Coon Rapids	4:26.72	1. Bakke	AN	15'10½"
		2. Joesting	FL	15'9"
⑬ Shot-Put		3. Bain	AN	15'1½"
1. West	BL 36'1"	4. Hillyard	BL	15'0"
2. Smith	BL 33'10¾"	5. Waldeeman	BL	15'0"
3. Heiderscheidt	AN 31'1½"	6. Paul	FL	14'11"
4. Melenfant	AN 30'9½"	7. Johnson	ST	14'10½"
5. Jarnberg	FL 30'9"	8. Brunin	ST	14'6½"
6. Hendrickson	FL 30'3¼"	9. Barland	CR	13'7"
7. Bezdeka	S 29'9½"	10. Goffin	CR	13'½"

Girls Time Team 7 woch.	Oranah	Blain	Coon Rapids	Forest Lake	Stillwater			
3200 M. Relay	15 15	5 5	12 12	9 9	6 6			
100 M. Hurdles	9 24	10 15	15 27	5 14	16 22			
100 M. Dash	10 34	12 27	18 45	10 24	5 27			
4x200) 100 M. Relay	9 43	6 33	15 60	3 27	12 39			
600 M. Run	11 54	5 38	14 74	12 39	13 52			
4x100) 100 M. Relay	12 66	15 53	9 83	3 42	6 58			
100 M. Dash	13 79	4 57	6 89	19 61	13 71			
100 M. Hurdles	7 86	7 64	15 104	7 68	19 90			
100 M. Run	19 105	3 67	14 118	9 77	10 100			
100 M. Dash	11 116	8 75	17 135	11 88	8 108			
200 M. Run	13 129	5 80	17 152	11 99	9 117			
4x400) 100 M. Relay	15 144	9 89	3 155	6 105	12 129			
Shot	15 159	19 108	3 158	11 116	7 136			
Discus	11 120	19 127	10 168	12 128	3 139			
Long Jump	18 188	13 140	3 171	14 142	7 146			
High Jump	5 193	8 148	17 188	8 150	17 163			
Ints	49 193	59 148	33 188	45 150	34 163			
Place	1	5	2	4	3			
	AN.	BL	CR	FL	ST			